

**D.K.M COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE**

**YOUTH RED CROSS**

**2016 – 2017**

**Name of the Program:** International Yoga Day

**No. of Beneficiaries:** 60

**Date:** 21.06.2016

**Venue:** Vellore Fort

**Time:** 6.30 am



*Principal*

**D.K.M. COLLEGE FOR WOMEN  
(AUTONOMOUS),  
VELLORE - 632 001.**

## INVITATION



**Indian Red Cross Society**

VELLORE DISTRICT BRANCH.

**CANARA BANK, VELLORE MAIN BRANCH**

**COMIC YOGA STUDIO, VELLORE**

*Jointly Celebrate*

**WORLD YOGA DAY**

Venue : Fort Lawn (Adjacent to Gandhiji Statue)

Date : 21.06.2016

Time : 6.30 a.m.

*In the August Presence of*

**Thiru. C.AJAY SRINIVASAN** B.Tech., I.T.,  
(Revenue Divisional Officer, Vellore Division)

**Thiru. K.MANIVANNAN** B.Sc., M.B.A.,  
District Revenue Officer, Vellore District.

*Will Preside Over*

*Chief Guest*

**Dr. R.NANTHAGOPAL** I.A.S.,

IRCS President / Collector Vellore District  
*Will Light the Kuthuvillakku & Inagurate*

**Mr. Dr C.INDERNATH** M.A., M.Phil., Ph.D.,  
Secretary, IRCS, Vellore District Br.  
*Will give Welcome Address*

**Mr. K.PANDIYAN** M.B.A.,  
Treasurer, IRCS, Vellore District Br.  
*Will give Vote of Thanks*

*All are cordially invited*

*P.N.G*

*Principal*

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# **D.K.M COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE**

## **YOUTH RED CROSS**

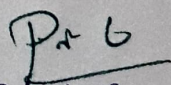
### **World Yoga Day**

#### **Report**

Indian Red Cross Society, Vellore District Branch, celebrated "World Yoga Day" jointly with Canara Bank, Vellore and Cosmic Yoga Studio, Vellore, at Vellore Fort Lawn (Adjacent to Gandhiji Statue) on 21.06.2016 at 6.30 am. The chief guest of the program Dr. R. Nanthagopal I.A.S., IRCS President and Collector of Vellore District, started the program by lightening the Kuthuvillakku. The presidential address for the program was delivered by Dr. C. Indernath M.A., M. Phil., Ph.D., Secretary, IRCS, and Vellore District Branch. Miss. Anju Sakthivel explained the importance of Yoga in the life of youngsters. She explained that regular practice of Yoga helped the students achieve better mental and physical health. She started Yoga demonstrations with the Yoga prayer. After which a few warm up and simple Asanas were performed by the students and the teachers enthusiastically and the importance of these Asanas was explained simultaneously by her. This session was very refreshing, reviving and relaxing. Students were very much inspired by the program. The oral feedback was given by the student

The function ended with a vote of thanks by Mr. K. Pandiyan M.B.A., Treasurer, IRCS, Vellore District Branch.

Around 60 students participated in this program.

  
*Principal*  
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WORLD YOGA DAY

Principal  
D.K.M. COLLEGE FOR WOMEN  
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VELLORE - 632 001.

*Pr G*  
PRINCIPAL





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## YOUTH RED CROSS

### World Yoga Day

**Name of the Program:** International Yoga Day

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### VOLUNTEERS LIST:

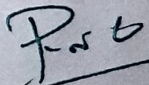
S.NO	NAME OF THE STUDENT	CLASS	SIGNATURE
1	DEVIKA R	I B.SC Biotechnology	Devika . R
2	GOWTHAMI V	I B.SC Biotechnology	Gowthami
3	LAKSHMI P	I B.SC Biotechnology	Lakshmi
4	PRIYANKA T	I B.SC Biotechnology	Priyanka T
5	SANGEETHA M	I B.SC Biotechnology	Sangeetha . M
6	SANGEETHA R	I B.SC Biotechnology	Sangeetha . R
7	THENMOZHI P	I B.SC Biotechnology	Thenmozhi . P
8	THILAGAVATHI. S	I B.SC Biotechnology	Thilagavathi . S
9	VINITHA. N	I B.SC Biotechnology	Vinitha . N
10	NARMADHA. M	I B.SC Biotechnology	Narmadha . M
11	DIVYABAHARATHI. R	I B.SC Biotechnology	Divyabharathi . R
12	HARSHINI. P	I B.SC Biotechnology	Harshini . P
13	SABRIN. K	I B.SC Biotechnology	Sabrina . K
14	SUJATHA. S	I B.SC Biotechnology	Sujatha . S
15	VANITHA MANI. D	I B.SC Biotechnology	Vanitha Mani . D
16	AKSHAYA. K	III BBA	Akshaya . K
17	AMMU. J	III BBA	Ammu . J
18	CHITHRA. S	III BBA	Chithra . S
19	DIVYA. K	III BBA	Divya . K



20	JOICE. J	III BBA	J. Joice.
21	JAYALAKSHMI. D	III BBA	Jayalatha.S
22	KAVITHA. S	III BBA	Kavitha.S
23	NALINI. R	III BBA	Nalini.R
24	PRIYA. B	III BBA	Priya.B
25	PRIYA. S	III BBA	Priya.S
26	PRIYANKA. M	III BBA	Priyanka.M
27	RAJALAKSHMI. S	III BBA	Rajalakshmi.S
28	RADHIKA. A	III BBA	Radhika.A.
29	REVATHI. B	III BBA	Revathi.B
30	SAILEELA. M	III BBA	Saileela.M
31	YAMINI. R	III BBA	Yamini.R
32	ABIRAMI. G	III B.Com	Abirami.G
33	ADILAKSHMI. E	III B.Com	Adilakshmi.R
34	AKILA. A	III B.Com	Akila.A
35	ARTHI. J	III B.Com	Arthi.A.
36	CHITRA. M	III B.Com	Chitra.M
37	CHITRA. R	III B.Com	Chitra.R.
38	INDHUMATHI. N	III B.Com	Indumathi.N
39	INDHUMATHI. V	III B.Com	Indumathi.V
40	LAKSHMI. R	III B.Com	Lakshmi.R
41	SARANYA. J	III B.Com	Saranya.T.
42	SONYA. S	III B.Com	S. Sonia
43	SUBATHRA. C	III B.Com	Subathra.C
44	TAMILARASI. S	III B.Com	Tamilarasi.S
45	ARCHANA. S	I BCA	Archana.S
46	ARTHY. A	I BCA	Arthy.A
47	DIVYA. J	I BCA	Divya.J.
48	DIVYA. K	I BCA	Divya.K
49	HEMAVATHI. S	I BCA	Hemavathi.S
50	KOKILA. J	I BCA	Kokila.J
51	PAVITHRA. E	III BA English	E. Pavithra.
52	POORNIMA. M	III BA English	M. Poornima.



53	PREETHI. G	III BA English	Preethi G.
54	PRIYADHARSHINI. T	III BA English	Priyadharshini
55	RAMYA. G	III BA English	Ramya. G.
56	RAMYA. K	III BA English	Ramya. k
57	SANDHIYA. K	III BA English	Sandhiya. k
58	SANGEETHA. D	III BA English	Sangeetha. D
59	SRIJA. J	III BA English	Srija. J
60	SURYA. D	III BA English	Surya. D.

  
**Principal**  
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