

D.K.M COLLEGE FOR WOMEN (AUTONOMOUS),VELLORE

YOUTH RED CROSS

2019- 2020

Name of the program: International Yoga Day

No. of. Beneficiaries: 20

Date: 21-6-2019

Venue: Vellore Fort

Time: 07.00am to 08.00am



Principal
**D.K.M. COLLEGE FOR WOMEN
(AUTONOMOUS),
VELLORE - 632 001.**

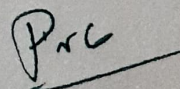
D.K.M COLLEGE FOR WOMEN (AUTONOMOUS),VELLORE

YOUTH RED CROSS CLUB

International Yoga Day

REPORT:

International Yoga Day was organized by Indian Red cross society, jointly with D.K.M College for women,(Autonomous) at Vellore Fort on 21-6-2019 between 7.00 am and 8.00 am. It is celebrated on 21 June every year since its inception in 2015. An International day for yoga was declared unanimously by the United Nations General Assembly (UNGA). It is a worldwide event celebrated by the people of all countries through practicing yoga, meditation, debates, meetings, discussions, variety of cultural performances. Yoga is a physical, mental and spiritual practice originated in India. Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. Our College NCC, NSS, YRC volunteers and faculty members were participated in the Yoga Day celebrations Lead by Dr. K. Ameenal Bibi, Associate Professor of Mathematics, D .K. M College for women and Dr. T. Bharathi, Assistant Professor of Commerce, D .K. M College for women.



PRINCIPAL

Principal

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International yoga day celebration

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YOUTH RED CROSS

2019- 2020

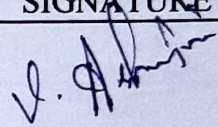
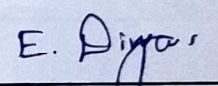
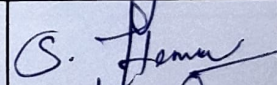
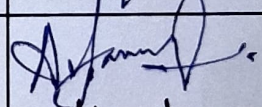
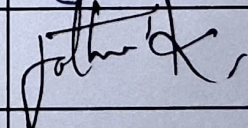
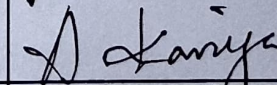
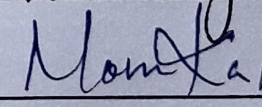
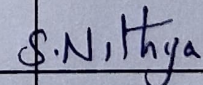
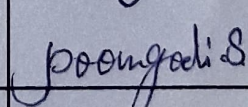
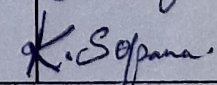
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Time: 07.00am to 08.00am

S.No	NAME OF THE STUDENTS	CLASS	SIGNATURE
1.	ASHWINI. V	III Food and Nutrition	
2.	DIVIYA. E	III Food and Nutrition	
3.	HEMA. S	III Food and Nutrition	
4.	JANANI. A	III Food and Nutrition	
5.	JOTHI. K	III Food and Nutrition	
6.	KAVIYA. A	III Food and Nutrition	
7.	MONIKA. M	III Food and Nutrition	
8.	NITHIYA. S	III Food and Nutrition	
9.	POONGODI. S	III Food and Nutrition	
10.	SOPANA. K	III Food and Nutrition	

11.	SUMATHI. G	III Food and Nutrition	G. Sumathi
12.	ARCHANA. R	III B.COM (CA)	R. Archana
13.	DIVIYA. R	III B.COM (CA)	R. Divya
14.	GAYATHRI. S	III B.COM (CA)	S. Gayathri
15.	HARITHA. B	III B.COM (CA)	B. Haritha
16.	MANISHA. S	III B.COM (CA)	S. Manisha
17.	NANDHINI. R	III B.COM (CA)	R. Nandhini
18.	PAVITHRA. M	III B.COM (CA)	M. Pavithra
19.	PREMA. S	III B.COM (CA)	S. Prema
20.	SONA. M. K	III B.COM (CA)	M. Sona

P.S.B.

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