

**DKM COLLEGE FOR WOMEN(AUTONOMOUS),  
VELLORE - 1**

**WOMEN DEVELOPMENT CELL**

INTERNATIONAL WOMENS DAY

A REPORT

ON

**WOMEN AND FITNESS**

**(2021-2022)**

## WOMEN DEVELOPMENT CELL

2021-2022

NAME OF THE PROGRAMME: **WOMEN AND FITNESS**

NO. OF. BENEFICIARIES : **50**

DATE : **08-03-2022**

VENUE : **D BLOCK  
CONFERENCE HALL**

TIME : **12.00PM TO 01.00PM**

## CONTENT

- Invitation
- Report of the event
- Photos
- List of Participants

**WOMEN DEVELOPMENT CELL**

**WOMEN AND FITNESS**

**(08-03-2022)**

**CHIEF GUEST:**

**DR. VATCHSALA SREE**

MBBS, MRCP(UK), M.D Cardio(UK),

Former HOD, Dept of Cardiology,

Sri Narayani Hospital & Research Centre, Vellore.

**ORGANISED BY,**

**PRINCIPAL**

**WDC CO-ORDINATOR**

## WOMEN'S DAY REPORT

8<sup>TH</sup> MARCH, 2022/ MONDAY

- The programme was organized by Women Development Committee of DKM College for Women, Vellore on 8<sup>th</sup> March, 2022/Monday. The programme was attended by nearly 50 students.

International women's day is celebrated every year on March 8<sup>th</sup> to honor the achievements of women in various fields. This celebration gives acknowledgement to those women's personalities who excelled in their own fields. Certainly, women have contributed significantly to the welfare of the society and country subsequently.

**D.K.M COLLEGE FOR WOMEN (AUTONOMOUS)**  
Sainathapuram, Vellore *H. L. S. 4/8/2022 Day & Evening*

**WOMEN DEVELOPMENT CELL**  
&  
**ROTARACT CLUB OF DKM COLLEGE FOR WOMEN**

cordially invite you to the

**INTERNATIONAL WOMEN'S DAY CELEBRATIONS**

Chief Guest: **DR.V.VATCHSALA SREE**, MBBS, MRCP(UK), M.D. Cardio(UK)  
Consultant Cardiologist with Special Interest in Cardiac Imaging,  
Former HOD, Department of Cardiology,  
Sri Narayani Hospital and Research Centre, Vellore.

**TOPIC: WOMEN AND FITNESS**

*Date: 08.03.2022 Time: 12.00 to 1.00 pm*  
*Venue: D-Block Conference Hall*

Chief Patrons	Patron	Convenor	Organising Committee
<b>Er.D.Maninathan</b> Secretary	<b>Dr.P.N.Sudha</b> Principal	<b>Dr.R.Banumathy</b> HOD & Associate Prof Department of Economics	<b>Dr.S.Sasikala</b> <b>Dr.M.Devi</b> <b>Mrs.A.Barathi</b> <b>Mrs.J.Anbzhagi</b> <b>Mrs.A.Rama</b>
<b>Dr.T.Sivakumar</b> President			

**Rtn.N.Raghuram** President    **Rtn.Silambuchelvan** Chairman    **Rtn.C.Manivannan** Secretary

## AGENDA

- The programme was inaugurated with Kadavul Vaazhthu.
- Welcome speech was given by:

Dr. R. Banumathy  
Associate Professor,  
Head of the Department  
Department of Economics  
DKM College for Women  
Vellore

- Felicitation: The Chief guest was felicitated with a memento as a token of love and care by our Principal madam Dr. P. N. Sudha, Ph.D,
- Inaugural Address by the Chief guest:

Dr. V. Vatchsala Sree,  
MBBS, MRCP(UK), M.D Cardio(UK),  
Former HOD, Dept of Cardiology,  
Sri Narayani Hospital & Research Centre, Vellore.

The Chief guest delivered women's day speech. The empowerment of women is a great responsibility that all these women need. The world becomes a better place when women don't feel the hardships to exist. For many years, women have faced several difficulties. All these women deserve respect, love, care and happiness. The chief guest stated that women are being given equal opportunities at work. They are given the freedom to move ahead of the opposite gender. The resource person insisted that all the women must equip themselves with physical and mental fitness to face all kinds of situations, to compete, to shine and to lead the life successfully.

- Vote of Thanks was given by Mrs. J. Anbazhagi, Assistant Professor, Dept. Of Commerce, DKM College for Women, Vellore.
- The programme was end with National Anthem.



Felicitation of chief guest



Chief guest talk on Women & Fitness



Audience on the programme - International Women's Day Celebration



D.K.M.COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE

WOMEN DEVELOPMENT COMMITTEE

INTERNATIONAL WOMEN'S DAY CELEBRATION - 08.03.2022/MONDAY

LIST OF PARTICIPANTS

SL.NO:	NAME OF THE STUDENT
01	ABI.T
02	ABINAYA.T
03	AISWARYA.J
04	AJIZA.S
05	ASWINI. S
06	BHARATHI.A
07	DHANAVARSHINI.G
08	DHANUSRI S
09	GEETHANJALI. M
10	HAJEERA AFRIN .I
11	HARINYA S
12	HEMAMALINI.P
13	HEMAPRIYA.V
14	JAYASHREE. S
15	JEEVASHREE.C
16	JEMIMA.T

17	KIRTHANA.S
18	KOWSALYA.B
19	KULSUM FATHIMA.A
20	LAKSHMI R
21	LAKSHMI.S
22	MADHUMITHA.A
23	MADHUMITHA.D
24	MAIDHILI.J
25	MINUPRIYA.T
26	ABITHAM
27	AEJAZ SABA S
28	CHARULATHA C
29	CHARUMATHI S
30	DEVISRI V
31	DHIVYA K
32	DIVYA DHARSHINI T M
33	DIVYA SRIA
34	DIVYA V
35	DURGA R
36	DURGADEVI V R
37	EZHILARASIM
38	GAYATHRI S
39	GOMATHIV
40	GREESHMA N K

41	ANUSHIYA S
42	DIVYAK
43	K.HEMAVATHI
44	V.JANSI RANI
45	G.JEEVITHA
46	V.KIRUTHIKA
47	M.MEHERUNNISA
48	A.MENAKA
49	S.NANDHINI
50	G.RESHMA

DETAILS OF THE RESOURCE PERSON

SL.NO:	RESOURCE PERSON (NAME & DESIGNATION)	TITLE OF THE PROGRAMME
01	Dr. V. Vatchsala Sree, MBBS, MRCP(UK), M.D Cardio(UK), Former HOD, Dept of Cardiology, Sri Narayani Hospital & Research Centre, Vellore.	Women and Fitness