# D.K.M.COLLEGE FOR WOMEN, (AUTONOMOUS) VELLORE 632 001



# **Women Development Cell**

Report for the Academic Year 2018-19



#### Coordinator:

Chemistry

Dr.Mrs. Amirthavalli - Associate Professor, Head, Department of History

#### The Committee Members:

Dr.S.Sasikala – Assistant Professor, Department of Tamil

Dr.M.Manimozhi–Assistant Professor, Department of English

Mrs.R.Sarathy – Assistant Professor, Department of English

Dr.K.Vijayalakshmi – Assistant Professor, Department of

Mrs. A. Rama - Assistant Professor, Department of Management Studies

Mrs. A. Bharathi - Assistant Professor, Department of Microbiology.

# Youth Empowerment Programme on the topic Yoga for Life Skills (2018-2019)

Women Development Cell organized a three days **Youth Empowerment Programme on the topic Yoga for Life Skills** from 09.10.2018 to 11.10.2018 with an extensive service from Reddington Foundation. Dr. Hema and Mrs. Priya Menon from Art of Living International Center, Bengaluru animated the programme. Through Yoga and breathing exercises like *sudharshan kriya* various life skills were taught to the students. About 300 students were benefitted on topics like communication skills, leadership qualities, stress management, time management and mind management.







#### **Dhai Akhar Letter Writing Campaign**

Women Development cell in association with the department of Indian Post has conducted a National Level **Dhai Akhar Letter Writing Campaign** on the theme "Letter to my motherland" on 11.10.2018 and 12.10.2018 in the open Auditorium of D.K. M. College, Vellore. Mr. P. Komal Kumar, Senior Post Master, Vellore Head Post Office, Vellore presided over the competition. About 500 students from Shift I and Shift II participated in the competition.





#### **Imitation Jewellery Training programme**

Women Development Cell conducted the **Imitation Jewellery Training programme** for 3 days from 06.02.2019 to 08.02.2019 in collaboration with the Department of Rural Development, Tamilnadu. About 72 students from various departments of aided and unaided stream participated in the programme and benefitted greatly. Students were trained to make silk thread jewelry, oxidized jewelry, pearl works in bangles, neck wears, bracelets, anklets, studs and hangings.





#### **Cosmetology Certificate Course**

Women Development Cell inaugurated a **Cosmetology Certificate Course** on 30/01/2019 in collaboration with Mahitha Beauty Care Centre. About 70 students registered for the basic course. Students were trained in eyebrow trimming, facial, straight hair cut, pedicure, manicure, ordinary make up, hand wax, leg Wax, hair dye, hot oil massage, bleaching. The classes were conducted for both the shifts for the duration of 2 hours.





## **International Women's Day 2019**

Women Development Cell celebrated the **International Women's Day** on 08.03.2019. Mrs. M.A. Sneha Parthibarajan, an advocate in Thirupattur addressed the students on the Empowering Indian Women. About 200 students participated and benefitted from the programme.



