

**DKM COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1**

**DEPARTMENT OF FOODS AND NUTRITION**

**COMMUNITY NUTRITION**

**Sub Code:15CNF5B**

**CLASS: III BSC**

**UNIT-I          2 Marks Questions**

1. Define Malnutrition
2. Define Under Nutrition
3. Define Over Nutrition
4. Symptoms Of Malnutrition
5. Write A Nutritional Status For Malnutrition
6. Causes Of Malnutrition
7. Differentiation Between Under Nutrition And Over Nutrition
8. Write Any 2 Aetiology Of Malnutrition
9. What Are The Major Causes Affecting On Malnutrition
10. Define BMI Value
11. What Are The Consequences Of Obesity
12. What Is Pica
13. How The Food Habits Differ From Religion To Religion
14. Which Type Of Food Combination Leads To Food Poisoning
15. What Is Allergy
16. What Is Poverty
17. Occurrence Of Malnutrition
18. What Is Genetic Defects
19. What Is Anaemia
20. Food Habits Of Malnutrition
21. Types Of Malnutrition
22. Prevalence Of Anaemia

23. What Are The Major Diseases Of Malnutrition
24. What Is Parasitic Infection

### **5 Marks Questions**

1. Difference Between Under Nutrition And Over Nutrition
2. Explain The Balance Between Food And Population Growth
3. Causes Of Malnutrition
4. Prevalance Of Malnutrition
5. Aetiology And Symptoms Of Malnutrition
6. What Are The Causes Affecting On Malnutrition And Explain
7. What Are The Major Affects On Malnutrition In Pregnant Women And Children
8. What Are The Risk Health Factors On Obesity
9. How The Population Growth Affects On Malnutrition
10. Which Type Of Foods Are Help To Live A Healthy Life

### **10 Marks Questions**

1. Explain About Brief In Aetiology, Symptoms, Prevalance Of Malnutrition
2. Explain The Prevalance Of Malnutrition
3. Explain The Aetiological Factors Of Malnutrition
4. Explain About Malnutrition And Its Causes And Symptoms
5. What Are The Causes, Symptoms, Health Factors Of Obesity
6. Classification Of Under Nutrition And Over Nutrition
7. Explain Food Production For Food Demand

### **UNIT-II 2 Marks Questions**

1. Define PEM
2. Abbrevation Of ICDS And CSIR
3. Abrevation Of Pem

4. Define Kwashiorkor
5. Define Marasmus
6. Define Eye Diseases Of Ulcer Forming Diseases
7. Prevention Of Vitamin 'A' Deficiency Diseases
8. What Are The Symptoms Observed In Marasmic Child
9. How To Prevent Pem
10. Prevalance Of Pem
11. Etiology Of Pem Pathology And Biochemical Changes Of Pem
12. Symptoms Of Pem Define Anaemia
13. Prevalance Of Anaemia
14. Symptoms Of Anaemia
15. Define Idd
16. Etiology Of Idd
17. Prevalance Of Idd
18. Symptoms Of Idd
19. Deficiency Of Vitamin A
20. Define Vitamin A Deficiency
21. Etiology Of Vitamin A
22. Prevalance Of Vitamin A
23. Symptoms Of Vitamin A
24. Define Florosis
25. Type Of Florosis
26. Type Of Pem
27. Causes Of Pem
28. Define Corneal Xerosis
29. Define Keratomalacia
30. Treatment For Vitamin A Deficiency
31. Which Type Of Foods That Are Fortified With Iodine And Protein? Name Them?
32. What Are Prophylaxis Programmes?
33. Why Does Oedema Occurs In Kwashiorkor

34. What Is Pathogenesis
35. What Is Incidence Rate
36. Define Goitrogen
37. What Is Still Birth
38. What Is Goitre
39. Define Nutritional Problems
40. Define Biological Factors
41. Define Hypothyroidism
42. Define Hyperthyroidism
43. Define Bitot's Spot
44. Define Conjunctival Xerosis
45. Define Corneal Scar
46. Define Corneal Ulceration
47. Define Dental Fluorosis
48. Define Megaloblastic
49. Define Pernicious Anaemia
50. What Are The Common Problems Of Iodine

### **5 Marks Questions**

1. Difference Between Marasmus And Kwashiorkor
2. Etiology, Prevalence, Symptoms And Prophylaxis Programmes Of Anaemia
3. Etiology, Prevalence, Symptoms Of Idd
4. Fluorosis Symptoms And Prevalence. Explain
5. Types Of Eye Diseases Related To Vitamin A Deficiency
6. Explain About The Pathological Changes And Biochemical Changes In Pem
7. Give The Classification Of Pem
8. Explain The Aetiological Factors Of Pem
9. How To Prevent Pem
10. Explain The Biochemical And Metabolical Changes In Pem
11. Explain Pem
12. Classification Of Pem

13. Prophylaxis Program Of Pem And Anaemia
14. Etiology,Prevalance,Symptoms Of Anaemia
15. Vitamin A Deficiencies Explain
16. Deficiency Disorder Of Idd
17. Why Does Odema Occur In Kwashiorkar
18. How To Do Iodine Fortification
19. What Are The Types Of Cretinism.Explain
20. What Are The Prevalance And Treatment For Flourosis
21. How To Prevent Anaemia

### **10 Marks Questions**

1. Nutritional Problems Comfronting Our Country Protein Energy Malnutrition
2. Explain About Causes And Effects Of Kwashiorkar And Marasmus
3. Explain Prophylaxis Program In Anaemia
4. Discuss The Diffrentiation Factors Leading To Marasmus And Kwashiorkar
5. Explain The Biochemical And Metabolical Changes In Pem
6. Explain About Pem
7. Explain Anaemia And Its Symptoms
8. Explain About Iodine Deficiency Disorder Diseases And Its Causes And Symptoms
9. Explain Vitamin A Deficiency
10. How Can We Prevent A Pregnant Women From Getting Iodine Deficiency
11. How Could Be Flurosis Play A Role In Deficiency On The Children

### **UNIT-III     2 Marks Questions**

1. Define Anthropometry
2. Define Clinical Methods
3. Define Biochemical Methods
4. Define Food Balance Sheet
5. Define Agricultural Data

6. Define Indirect Assessment
7. Define Growth Chart
8. Define Direct Assessment
9. What Is The Importance Of Mesuring Muac
10. What Is The Biochemical Assessment
11. What Is Diet
12. Define Growth Rate
13. What Is Scurvy
14. What Is The Use Of Growth Chart
15. Define Vital Statistics
16. Name The Biochemical Tests For Pem
17. Define Toddler Mortality Rate
18. Define Prenatal Mortality Rate
19. Define Infant Mortality Rate
20. What Are The Types Of Direct Assessment
21. What Are The Types Of Indirect Assessment
22. Define BMI
23. Define Skin Fold Thickness
24. Write Any Two Points Of Ecological Parameters
25. Define MUAC
26. Define Head And Chest Circumference
27. Define Fat Fold At Sub Scapula

### **5 Marks Questions**

1. Explain Vital Health Statistics
2. Explain The Dietary Assessment
3. Biochemical Methods For Assessing Nutritional Status
4. Explain Clinical And Biochemical Assessment
5. Briefly Describe About Food Balance Sheet And Agricultural Data
6. Explain The Vital Statistics And Growth Chart
7. Explain Anthropometric Methods

8. Explain Indirect Methods Of Assessing Nutritional Status
9. Which Biochemical Tests Are Used For Assessing Pem
10. Explain Food Balance Sheet
11. Write About Clinical Methods
12. Write About Biochemical Estimation
13. What Are The Ecological Parameters And Vital Statistics
14. Explain Agricultural Data And Growth Chart
15. Write A Short Note On Diet Survey
16. Explain Direct Assessment
17. Explain Indirect Assessment

### **10 Marks Questions**

1. Explain About Clinical And Biochemical Estimation
2. Explain About Direct And Indirect Assessment
3. Explain The Methods Of Nutritional Status
4. Explain The Vital Statistics And Growth Chart
5. Explain Direct Assessment Of Nutritional Status Using Anthropometric And Dietary Assessment
6. Write In Detail About Direct Assessment Method
7. Write In Detail About Indirect Assessment Method
8. Write In Detail About Food Balance Sheet, Agricultural Data, Ecological Parameters
9. Explain Vital Health Statistics

### **UNIT- IV          2 Marks Questions**

1. Define Who
2. Any Four Guidelines For Who Nutrition
3. Define FAO
4. Define UNICEF

5. Any Four Types Of UNICEF Nutritional Priorities Included
6. Explain Care
7. Explain ICAR
8. Define ICMR
9. Any Four Types Of Institutions Governed By Icmr
10. Functions Of FAO
11. Functions Of Who
12. Functions Of UNICEF
13. Write The Role Of ICMR
14. Write About Noon Meal Programme
15. Define ICDS
16. Write The Importance And Functions Of NGO
17. Write The Importance And Functions Of National Nutrition Policy
18. Write The Importance And Functions Of CFTRI
19. Write The Importance And Function Of NIN
20. Write The Importance And Functions Of CSIR
21. Write The Role Of ICMR In Alleviating Malnutrition

### **5 Marks Questions**

1. Explain About The Functions Of ICMR
2. Write About The Role Of ICAR
3. Explain The Functions Of Who
4. Explain The Contribution Of NIN
5. Write The Functions Of FAO
6. Explain The Functions Of UNICEF
7. Write Few Points About National Nutrition Policy
8. Explain Role Of CFTRI And NGO
9. Write About Icds,Care And Csisr In A Short Note
10. Role Of Who
11. Write The Importance Of Noon Meal Programme



12. Write The Functions Of Care
13. Write The Functions Of CSIR
14. Write The Functions Of NIN
15. Write The Importance Of National Nutritional Policy

### **10 Marks Questions**

1. Explain About FAO And Who
2. Explain About UNICEF
3. Write The Details About The ICAR And CSIR
4. Explain The Functions Of National Organisations
5. Explain The Functions Of International Organisations
6. Write The Function And Role Of Who On Health
7. Write The Function And Role Of FAO
8. Write The Details About CFTRI
9. Describe About CSIR And Its Functions
10. Write About NGO
11. Explain The Contributions Of NIN

## **UNIT - IV NUTRITION EDUCATION**

### **2 Marks Questions**

1. Define nutrition education
2. What are iec's
3. What is meant by nutrition counseling

### **5 Marks Questions**

1. What are the methods used in the nutrition education?
2. How the mass media communication used in nutrition education?
3. Write about the traditional media methods in nutrition education?

4. Write about the nutrition exhibition and walkathon?
5. Write about the nutrition education through educational institution?
6. Write the applications of computer in nutrition education?
7. What are the scope of nutrition education?
8. Discuss about the nutrition surveys and nutrition counseling?
9. What are the teaching aids used in the nutrition education?
10. Write about the nutrient data base and online application?

### **10 Marks Questions**

1. Explain in detail about the method used for giving nutritional education to the people?
2. Write in detail about the modern plans to evaluate nutrition education programme?