DKM COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE

DEPARTMENT OF FOODS AND NUTRITION

THERAPEUTIC NUTRITION-II

SUB CODE: 15CPFN2C

UNIT-I SECTION-A 6 Marks

- 1. Write a note on obesity theory
- 2. Give short account on dietary modification and life style modification for obesity
- 3. Plan an Atkins day's diet for overweight women
- 4. Explain when the person has to be treated by liposuction
- 5. Give causes and types of underweight
- 6. Explain eating disorder of adolescents
- 7. Explain neural control on imbalanced weight
- 8. Explain hormonal control on imbalanced weight

UNIT-II

- 1. Write a short note on dyslipidemias
- 2. Write on symptoms and dietary treatment for dyslipidemias
- 3. Define atherosclerosis. Give its risk factors and dietary treatment
- 4. What is ischemic heart disease and give its types
- 5. Explain on rheumatic heart disease and hypertension

UNIT-III

- 1. Differentiate acute and chronic nephritis
- 2. Plan a day's diet for dialysis patient
- 3. Explain the state of nephrolithiasis
- 4. Explain when the patient is advised for kidney transplantation? And explain its procedure
- 5. Give account on symptoms and dietary modification of chronic nephritis

- 6. Explain ESRD
- 7. Write a note on functional and metabolic changes during acute nephritis

UNIT-IV

- 1. Explain the condition of Epilepsy and Encephalitis
- 2. Give a short note on Alzheimer's disease
- 3. Give a short note on Parkinson disease
- 4. Define and explain ADHD
- 5. Give a note on symptoms and dietary treatment for multiple sclerosis
- 6. Explain types of arthritis
- 7. Explain on osteoporosis and its types
- 8. Give a short note on rheumatism

UNIT-V

- 1. Write role of nutrients fighting against cancer
- 2. Give the nutrition care on these conditions- allergy, psoriasis and stress
- 3. Give the nutrition care on these conditions- acne, alcoholism and acidosis
- 4. Give the nutrition care on these conditions- tooth decay, eczema, migraine and cataract
- 5. Write account on nutritional care during AIDS

UNIT-I SECTION-A 15 Marks

- 1. Elaborate obesity etiology, theories, health risk and dietary management
- 2. Give brief note on surgical management for obesity and its necessity
- 3. Elaborate Underweight etiology, types, health risk and dietary management
- 4. Elaborate eating disorder and its treatment
- 5. Enumerate neural and hormonal control on control of appetite and food intake
- 6. Give detail on how the desirable body weight is calculated and how to achieve desirable body weight

UNIT-II

- 1. Write a brief note on atherosclerosis- prevalence, etiology, symptoms, risk factor and dietary management
- 2. Write a brief note on dyslipidemias- prevalence, etiology, symptoms, risk factor and dietary management
- 3. State the condition of angina and congestive heart failure and write dietary treatment for the same
- 4. State the condition of rheumatic heart disease and hypertension and give its dietary treatment for the same

UNIT-III

- 1. Explain briefly of functional and metabolic changes during acute and chronic nephritis
- 2. How the renal failure is treated with dietary modification
- 3. Explain current advances in dialysis

UNIT-IV

- 1. Sketch the causes, risk factor and dietary management for Parkinson disease
- 2. Give the dietary advises for hyperactive disorder person
- 3. Brief on osteoporosis and arthritis
- 4. Explain how the arthritis differentiated from rheumatism and state current scenario of treating these disorders

UNIT-V

- 1. How can a cancer cell killed by nutrient treatment?
- 2. Explain how does HIV lead to AIDS?

- 3. Explain the relation between nutrition and HIV and list the effect of good nutrition on HIV
- 4. Explain on the nutrition intervention for HIV/AIDS patient