

D.K.M COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE-1
DEPARTMENT OF FOODS AND NUTRITION
THERAPEUTIC NUTRITION- I

Class: I M.Sc

Subject Code: 15CPFN1C

Unit – I (6 Marks Questions)

1. Discuss the complications in feeding system.
2. Describe role of dietitian .
3. Discuss the types of therapeutic diets.
4. Give the diet modification in burns.
5. Explain nutritional intervention program.
6. Write a brief note on nutritional support system.
7. Give the importance of documentation in nutritional care process.

Unit – I (15 Marks Questions)

1. How will you create awareness on hospital diets among out patients?
2. Elaborate role of dietitian and their part in medical team.
3. Explain types, formula, and complication for feeding system.
4. Explain diet counseling.
5. List out the symptoms of fever.
6. What is hay fever?
7. Write the importance of food exchange list in diabetic patient.
8. Explain the extension activities of dietitians on public health.
9. Give a brief note on parenteral feeding and its complications .
10. Discuss in brief on Enteral feeding.

Unit – II (6 Marks Questions)

1. Define defense mechanism.
2. What is infection? Give its types.
3. List out the metabolic changes during infection and explain any three.

4. Define typhoid and malaria and its causes, symptoms and treatments.
5. Explain how the common cold is differentiate from Tonsillitis.
6. Enumerate in detail on sepsis and its complications.
7. Give the symptoms and treatment of Tuberculosis.
8. Define MERS.
9. How will you prevent cholera.
10. Is asthma and Tonsillitis same? If no explain how?

Unit – II (15 Marks Questions)

1. Draw a diagram of Ebola virus and mark the parts.
2. What is a cellular adaptation? Explain Cellular process.
3. Enumerate the importance of nutritional status on overcoming stress.
4. How the burned patients should be treated?
5. Plan a day's diet for burned normal patient.
6. How the degree of burning is calculated?
7. Plan a day's diet for post –operative normal patient.

Unit – III (6 Marks Questions)

1. Define Oesophagitis and Dyspepsia.
2. What is Hypochlorhydria?
3. Define GERD.
4. Plan a Day's diet for adolescent Peptic Ulcer diet.
5. Define Gastritis and Gastrectomy and its diet Principles.
6. Define Dumping syndrome.

Unit – III (15 Marks Questions)

1. Give a brief account on Intestinal diseases (any five) and its dietetic management.
2. Suggest the diet plan for colon cancer.
3. Discuss in brief on Protein losing Enteropathy.
4. Explain Intestinal Brush Border deficiencies.

Unit – IV (6 Marks Questions)

1. Give a short note Hepatitis.
2. Give a note on cirrhosis of liver.
3. Define Wilson's disease.
4. Define hepatic encephalopathy.
5. Give a brief account on Gall Bladder disease.

Unit – IV (15 Marks Questions)

1. Give brief note on Ellison syndrome.
2. Discuss on Biliary Dyskinesia.
3. Elaborate Zollinger disease.
4. Discussion on jaundice.
5. Give a dietary management for fatty liver.

Unit – V (6 Marks Questions)

1. What is metabolic disease?
2. Differentiate disease and disorder.
3. Give the symptoms of Type 2 DM.
4. Explain Glycemic Index.
5. What is CHO Counting? Explain.
6. Plan a Day's diet for Type 1 Patient (22 years Female)
7. List sugar substitutes and explain its use.
8. Give role of Insulin.
9. Differentiate Hypo and Hyper Glycemia.
10. Give diet principles for Gout.
11. Define PKU and Tyrosinemia.
12. Define Galactose restricted diet.

Unit – V (15 Marks Questions)

1. Discuss on Causes, Symptoms and Dietetic management of Type 2 DM.
2. Discuss on the relationship between Glycemic index and Diabetes .
3. Discuss on Etiology, Symptoms and Complication of Gout.

4. Discuss on In born errors of metabolism. Explain any Six.
5. Clinical role of protein and Purine on Gout .
6. Explain in brief on Glycogen Storage disease (I,II and III)