

DKM COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1.

DEPARTMENT OF PSYCHOLOGY

ABNORMAL PSYCHOLOGY

UNIT- I 2 Marks Questions

1. Define abnormal psychology.
2. What is maladaptive behaviour?
3. What is adaptive behaviour?
4. Define abnormality.
5. What is the difference between normality and abnormality?
6. Define diagnosis.
7. What is meant by prognosis?
8. Differentiate incidence and prevalence.
9. What are the classification systems available in abnormal psychology?
10. What are the characteristics of an abnormal person?
11. What are the characteristics of a normal person?
12. Define point prevalence.

5 Marks Questions

1. Brief the research methods in abnormal psychology.
2. Elaborate ICD 10.
3. What is a case study?

10 Marks Questions

1. Differentiate DSM 5 from DSM IV TR.
2. Detail the ancient history of abnormal behaviour.
3. Explain elaborately about ICD and its evolution.
4. Explain about the evolution of DSM.
5. Write in detail about the humanitarian views of abnormal psychology.
6. Detail the 20th century views of abnormal psychology.
7. Write in detail about the research methods in abnormal psychology.

UNIT – II 2 Marks Questions

1. Define schema.
2. What are the types of schema?

3. Define denial with example.
4. What is meant by regression?
5. What is projection explain with example?
6. Explain constitutional liabilities.
7. List out any 4 neurotransmitters.
8. Write down the stages of psychosocial development.

5 Marks Questions

1. Enumerate the socio cultural view point of abnormal psychology.
2. Explain diathesis stress model.
3. Explain the humanistic and interpersonal perspectives of abnormal psychology.
4. How does psychodynamic perspective explain abnormal behaviour.
5. What is Defence mechanism state any five with examples.

10 Marks Questions

1. Explain the biological causal factors of abnormal behaviour.
2. What are the psychosocial causal factors of abnormal behaviour?

UNIT –III 2 Marks Questions

1. Define anxiety.
2. Define phobia.
3. Define social phobia.
4. Define specific phobia.
5. Define agoraphobia.
6. What are the types of phobia?
7. Define panic disorders.
8. Write any four symptoms of panic disorders.
9. Define GAD.
10. Define OCD.
11. What is exposure therapy?
12. What is desensitization?
13. What is the difference between stress fear and anxiety?
14. Write down the causal factors of GAD.
15. Define PTSD

5 Marks Questions

1. What are the types of phobia disorders?
2. What are the psychological therapies available for anxiety disorders?
3. Brief causes, symptoms and treatment of OCD.

4. Write down the fear anxiety response pattern.
5. What are the characteristics of PTSD

10 Marks Questions

1. Write in detail about GAD.
2. Write an essay on OCD.
3. What is phobia, discuss it's types in detail.
4. Write an essay on anxiety disorders.
5. What is the difference between panic disorders with agoraphobia and panic disorder without agoraphobia?
6. Write in detail about PTSD.

UNIT – IV 2 Marks Questions

1. Define somatoform disorders.
2. Define hypochondriasis.
3. Define somatization disorders.
4. What is known as pain disorder?
5. Define conversion disorder.
6. What is known as dissociative disorder?
7. Define depersonalisation.
8. Define dissociative amnesia.
9. Define dissociative fugue.
10. Define DID.
11. What are the causal factors of somatoform disorders?
12. Enumerate the types of dissociative disorders.

5 Marks Questions

1. Discuss the etiology and clinical features of DID.
2. Explain the pain pathway.
3. Brief conversion disorder.
4. Explain the biological causal factors of somatoform disorders.
5. Write about pain disorder.
6. Brief the types of dissociative disorders
7. Write a note on hypochondriasis.

10 Marks Questions

1. Detail DID
2. Discuss in detail about hypochondriasis.
3. Explain in detail about conversion disorder.

4. Write in detail about the causal factors, treatment and outcomes of somatoform disorder.
5. Write in detail about the causal factors, treatment and outcomes of dissociative disorder.

UNIT –V

2 Marks Questions

1. Define mania.
2. Define depression.
3. Define hypomania.
4. Define major depressive disorder.
5. Define cyclothymia.
6. Define unipolar disorder.
7. Define BPAD.
8. What are the types of mood disorders?
9. What are the types of mania?
10. What are the types of depression?
11. Define schizoaffective disorder.
12. What is ECT?
13. Define suicide.
14. Write down any 4 causal factors of suicide.
15. Write down the symptoms of suicide.
16. What is known as suicidal ambivalence?

5 Marks Questions

1. Brief about depression.
2. Explain about cyclothymia.
3. Explain hypomania.
4. Write down the causal factors of mood disorders.
5. Write down the symptoms of mood disorders.

10 Marks Questions

1. Enumerate the mood disorders in detail.
2. Write an essay on suicide.
3. Write an essay on BPAD.
4. Detail schizoaffective disorder.
5. Write in detail about ECT.
6. Detail the prevention of suicide.