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D.K.M. COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1
SEMESTER EXAMINATIONS
APRIL – 2018 **15SPS6A**
SKILL BASED SUBJECT - IV : INTERPERSONAL SKILLS

Time : 2 Hrs

Max. Marks : 50

SECTION-A (10 x 2 = 20)

Answer ALL the questions.

1. Define interpersonal skills.
2. What is personal competency?
3. Define self disclosure.
4. What is DBT?
5. What is self awareness?
6. What are the types of empathy?
7. What is Frustration?
8. What is Play Therapy?
9. What is shyness?
10. What is Assertiveness training?

SECTION- B (3 x 10 = 30)

Answer any THREE of the following questions.

11. Explain in detail about cooperative learning and its techniques.
12. Elaborate the types, theories and benefits of self disclosure.
13. Enumerate the different types of non verbal communication.
14. What are the ways and steps to build interpersonal trust?
15. What are the ways to manage fear and anxiety?

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