

DKM COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1

DEPARTMENT OF PSYCHOLOGY

**WORLD SUICIDE PREVENTION
WEEK**

(SEPTEMBER 5 - SEPTEMBER 11, 2021)



Workshop

ON

SPEAK UP & REACH OUT

BY

MRS.AMUADHASELVI.M. M.A., M.Phil

STUDENT COUNSELLOR

DAV SCHOOL, RANIPET

Date 09/09/2021

TIMING 2.00 P.M- 3.00 P.M

REGISTRATION LINK <https://forms.gle/Hftx9CemJc1yL4pv8>

GOOGLE MEET LINK <https://meet.google.com/ptv-sehy-xmo>

ORGANISING COMMITTEE

Mrs.Aarthi.D.,M.A.,M.Phil Ms.Soniya.K.,M.Sc

**Ms.Angelin Mary
Slessor.I.,M.Sc**

HOD

Assistant Professor

Assistant Professor



DKM College for Women (Autonomous), Vellore-1

DEPARTMENT OF PSYCHOLOGY

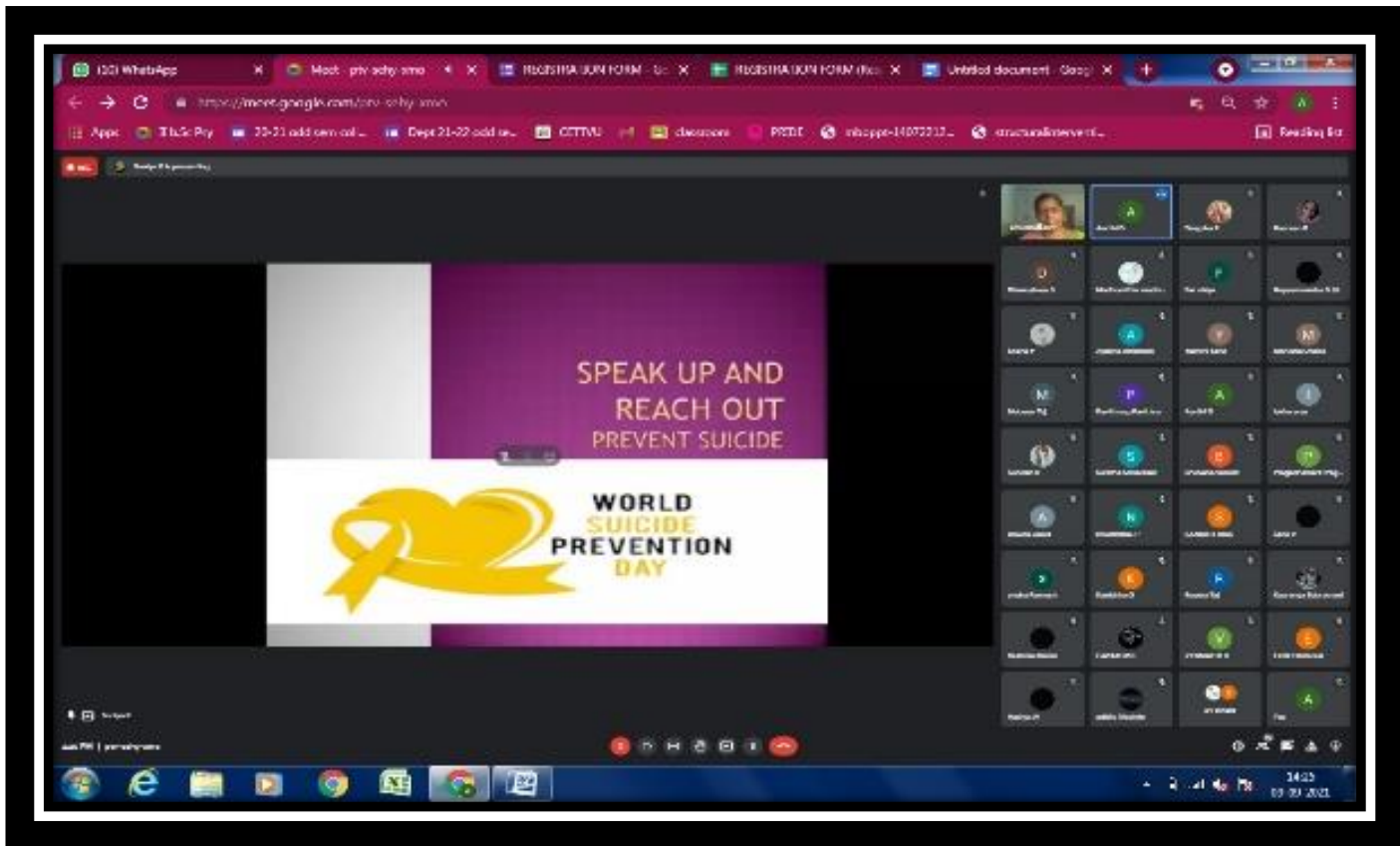
ONLINE WORKSHOP (2021-2022)

Event	World Suicide prevention week
Date	09.09.2021
Session	2.00 p.m to 3.00 p.m
Venue	Google meet https://meet.google.com/ptv-sehy-xmo
Title	Speak up and Reach out
Presenters	Mrs. Amudhaselvi.M Student Counselor DAV School,Ranipet
Total No: of participants	67 Internal Participants, 16 External Participants

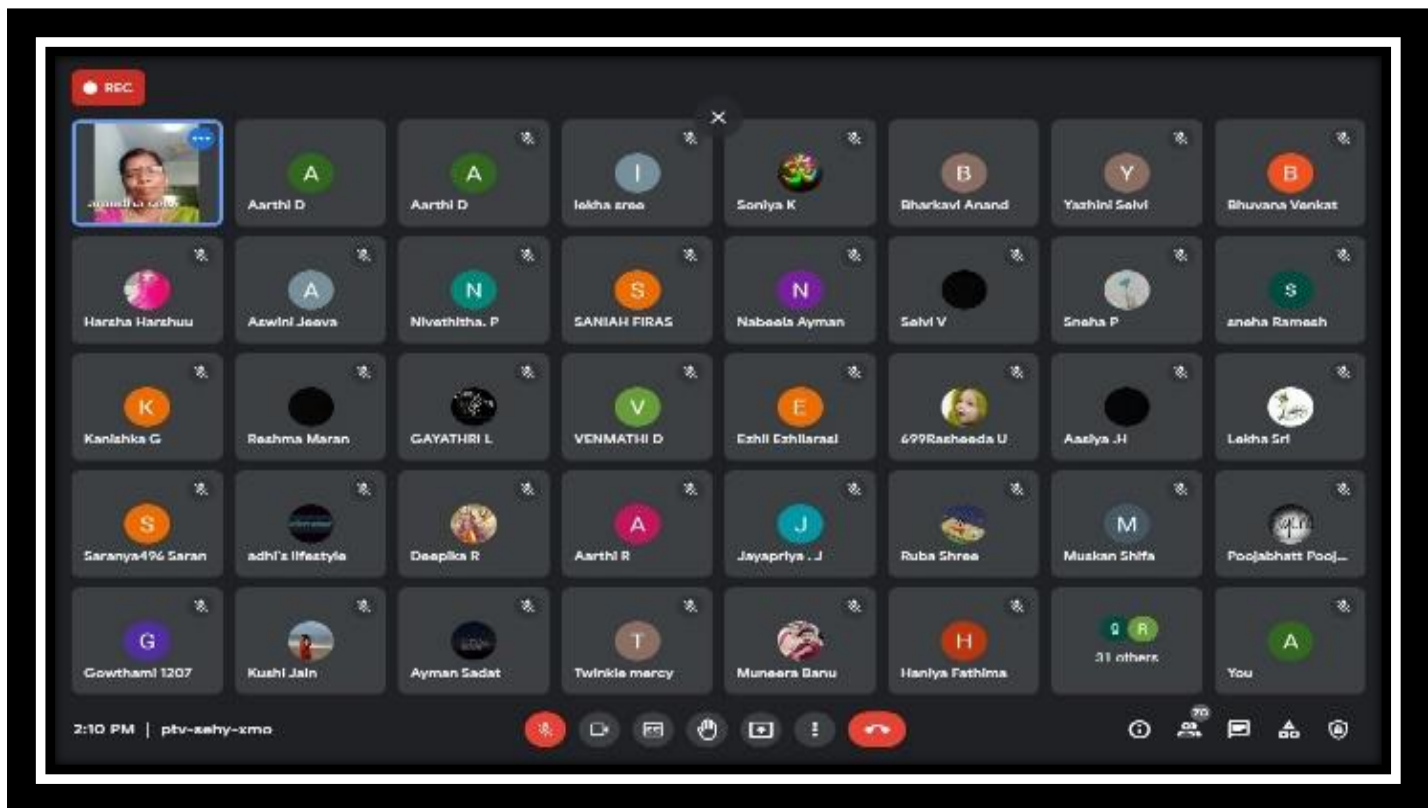
REPORT:

On account of the event **World Suicide Prevention week**, the Department has organized online workshop on the topic **“Speak up and reach out”** which was presented by **Mrs.Amudhavelvi.M, student counsellor (DAV school,Ranipet)** between **02.00 P.M to 03.00 P.M on 09.09.21.**

Mrs.D.Aarthi, HOD of Psychology has welcomed and introduced the resource person. Wide knowledge was given to students about the warning signs, reasons and ways to treat the person who is suffering with suicidal thoughts or attempted already. The participants were also encouraged to utter positive affirmations and were given few techniques and activities to keep themselves positive and lead a happy life without negative and suicidal thoughts. The Government prescribed numbers and PDF was also shared to the participants of DKM College for Women, Marudhar Kesari Jain College, Vaniyampadi and Apollo arts and Science College,Chennai. Ms.Angelin Mary Slessor.I, Assistant Professor of Psychology was acted as Master of Ceremony and Ms.Soniya.K, Assistant Professor of Psychology has proposed the vote of thanks. The session ended at 3.00 p.m



Mrs. Amudhaseelvi.M, addressing the students about suicide prevention on 9.9.21



Mrs. Amudhaseelvi.M, conducting an activity about "Refer you with an adjective"