

ABNORMAL PSYCHOLOGY-II

Semester	Subject Code	Category	Lecture		Theory		Practical	Credits
			Hrs/ Week	Hrs/ Sem	Hrs/ Week	Hrs/ Sem		
IV	21CPS4A	Core-VII	04	60	03	45	15	04

COURSE OBJECTIVE

This course gives the knowledge about abnormalities in mental health to the students

COURSE OUTCOMES

On successful completion of the course, students will be able to

CO Number	CO Statement	Knowledge Level (K1-K4)
CO1	Provide detailed description of the range of clinical problems and treatment of schizophrenia	K3
CO2	Provide detailed description of the range of clinical problems and treatment of personality disorders	K3
CO3	Provide detailed description of the range of clinical problems and treatment of addiction disorders	K3
CO4	Provide detailed description of the range of clinical problems and treatment of sexual and disorders of childhood and adolescents	K3
CO5	Analyse some of the ways in which the mental orders can be assessed and treated.	K4

MAPPING WITH PROGRAMME OUTCOMES

COS	PO1	PO2	PO3	PO4	PO5	PO6
CO1	S	S	S	S	S	S
CO2	S	S	S	S	S	S
CO3	S	S	S	S	S	S
CO4	S	S	S	S	S	S
CO5	S	S	S	S	S	S

S- Strong M-Medium L-Low

UNIT I

12 Hours

SCHIZOPHRENIA AND OTHER PSYCHOTIC DISORDER

Schizophrenia: Subtypes - Positive and Negative Symptoms –Clinical Features, Causes, Treatment, Outcomes. Psychotic disorder: schizoaffective disorder- Schizophreniform-Delusional Disorder – Clinical Features, Causes, Treatment and Outcomes.

UNIT II

12 Hours

PERSONALITY DISORDERS

Personality Disorder: Types: Cluster A, B, C –Clinical Features, Causes, Treatment and outcomes. Antisocial Personality disorder and Psychopathy: Clinical Features, Causes, Treatment and outcomes.

UNIT III

12 Hours

ADDICTION DISORDERS

Alcohol Abuse and Dependence: Alcohol Abuse and Dependence - Clinical Features, Causes, Treatment and outcomes. Drug Abuse and Drug Dependence: Opium and its derivatives (Narcotics) - Cocaine and Amphetamines (stimulants) - Barbiturates –LSD, Marijuana - caffeine and Nicotine - Other Addictive Disorder: Hyper obesity

UNIT IV

12 Hours

SEXUAL VARIANTS AND NEURODEVELOPMENTAL DISORDER

Sexual variants: The Paraphilias - Clinical Features, Causes, Treatment and outcomes.

Gender Identity Disorder - Sexual Abuse - Sexual Dysfunctions - Causes and Treatment of Sexual Dysfunctions.

Neuro Developmental Disorder: ADHD-Disruptive-Impulsive Control-Conduct Disorder-Bipolar Disorder (Childhood) -Anxiety-Depression (Children and Adolescents) - Clinical Features, Causes, Treatment and Outcomes.

UNIT V

12 Hours

ASSESSMENT, PREVENTION AND TREATMENT

Assessment: Clinical Assessment - Psychosocial Assessment - The Integration of Assessment Data. Psychological Approach to Treatment: Psychodynamic Therapy - Behaviour Therapy – Cognitive Behavioral Therapies, Humanistic and Experiential Therapy - Family and Marital Therapy - Eclectism and Integration.

Practicum:

(Note: Minimum of any two practicum should be carried out)

- Visit of psychiatry/Mental health hospital
- Case Studies to be done on the discussed disorders and report to be submitted.
- Class group discussion on the various disorders learnt
- Making use of YouTube videos to help understand the disorders and do assignments.
- Interview of case from the above list of disorders (case history, MSE)
- Mental health in youth and creating awareness campaign (videos, interactive session, street play, group discussion)

Distribution of Marks: Theory 100% and Problems 0%

TEXT BOOKS:

S.No	Authors	Title	Publishers	Year of Publication
01	Robert c, Carson, James N. Butcher, Susan Mineka, Jill M. Hooley	Abnormal Psychology and modern life(10 th edition)	Pearson Education, New Delhi	2007
02	Irwin G. Sarason, Barbara Sarason	Abnormal Psychology	Prentice Hall publication, New Delhi	2005

REFERENCE BOOKS:

S.No	Authors	Title	Publishers	Year of Publication
01	David H. Barlow and Durand V. Mark	Abnormal Psychology (2nd Edition)	. New York: Brooks \ Cole Publishing Co	2000
02	Comer, R. J.	Abnormal Psychology.	Worth Publishers. New York	2015
03	Kring, A., Johnson, S., & Davison, G.	Abnormal Psychology (12th edition.)	Hoboken, N.J.: Wiley.	2013
04	Colemom J.C. Butcher J.N. and Carson B.C.	Abnormal Psychology and Modern Life(12 th edition)	Foresman and Company, Scot	2013
05	Sarason I.G. & Sarason B.R	Abnormal Psychology	Prentice Hall of India Pvt. Ltd. New Delhi.	2000

WEB SOURCES:

- ❖ <https://courses.lumenlearning.com/boundless-psychology/chapter/schizophrenia-spectrum-and-other-psychotic-disorders>
- ❖ http://www.brainm.com/software/pubs/books/Abnormal_Psychology-NeuroPsychoSocial.pdf
- ❖ <http://www.mccc.edu/~jennings/Courses/documents/lecture16-abnormal-Fulltext.pdf>
- ❖ <https://www.mayoclinic.org/diseases-conditions/personality-disorders/symptoms-causes/syc-20354463>
- ❖ <https://www.blackwellpublishing.com/intropsych/pdf/chapter15.pdf>
- ❖ http://archive.mu.ac.in/myweb_test/TYBA%20study%20material/T.Y.B.A.%20-%20Paper%20-%20V%20-%20Abnormal%20Psychology.pdf
- ❖ <https://www.slideshare.net/mobile/VershulJain1/addictive-disorder-abnormal-psychology>
- ❖ <https://opentext.wsu.edu/abnormal-psych/chapter/module-11-substance-related-and-addictive-disorders/>
- ❖ <https://www.studyblue.com/notes/note/n/chapter-11-sexual-variants-abuse-and-dysfunctions/deck/14558731>
- ❖ <https://opentext.wsu.edu/abnormal-psych/chapter/module-3-clinical-assessment-diagnosis-and-treatment/>

TEACHING METHODOLOGIES:

- Discussion
- Case study analysis
- Visual aids
- Assignment and Seminar
- Peer teaching.

SYLLABUS DESIGNER:

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