#### HORMONAL BIOCHEMISTRY

| Sem | Sub<br>Code |          | Lecture     |          | Theory      |             | Practical   |          | G 111  |
|-----|-------------|----------|-------------|----------|-------------|-------------|-------------|----------|--------|
|     |             |          | Per<br>week | Per sem. | Per<br>week | Per<br>sem. | Per<br>week | Per sem. | Credit |
| V   | 21CBC5E     | Elective | 3           | 45       | 3           | 45          | -           | -        | 3      |

#### **COURSE OBJECTIVES**

The course is designed such that the biochemists get an accurate information about the process of cellular communication including signal reception, transduction, amplification and response. It also imparts different endocrine factors, functions, mechanism of action.

### **COURSE OUTCOMES**

After the completion of this course, the student will be able to

| CO Number | CO Statement  | Knowledge Level |
|-----------|---|-----------------|
|           |   | (K1-K4)         |
| CO1       | Understand the basic terminologies of hormones,   | K1              |
|           | classification of hormones, mechanism of action of<br>hormones based on receptors, different types of<br>secondary messengers and regulation of hormones<br>action by feedback mechanism. |                 |
| CO2       | Understand the synthesis, mechanism and disorders of thyroid and parathyroid hormones   | K2              |
| CO3       | Learn various functions of pancreatic hormones.   | K2              |
| CO4       | Demonstrate the various mechanism of action of steroid  | K2              |
|           | hormones.   |                 |
| CO5       | Understand the role of sex hormones.  | K2              |

(\*CO-Course Outcomes

Knowledge Level: K1-Remember; K2-Understand; K3-Apply; K4-Analyze).

### MAPPING WITH PROGRAMME OUTCOMES:

| COS | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 |
|-----|-----|-----|-----|-----|-----|-----|
| CO1 | L   | S   | L   | M   | S   | S   |
| CO2 | S   | S   | L   | S   | S   | S   |
| CO3 | S   | S   | L   | S   | S   | S   |
| CO4 | S   | S   | L   | S   | S   | S   |
| CO5 | S   | S   | L   | S   | S   | S   |

(S- Strong; M-Medium; L-Low)

#### **Total Hours: 45**

#### UNIT - I

#### **Introduction to Hormones**

10 Hours

Definition of a hormone, classification of hormones, chemical signalling – endocrine, paracrine, autocrine and neuroendocrine mechanisms. Mechanism of action of peptide and signal steroid hormones. G protein coupled receptors, signal transduction, role of secondary messengers in hormonal action – cAMP, cGMP, IP3 and calcium. Feedback mechanism of hormone.

#### Unit II

### Hormones of Hypothalamus and Pituitary gland

10 Hours

Relation between Hypothalamus and Pituitary, hormones released by hypothalamus, Pituitary hormones-Oxytocin, Vasopressin, Growth hormone.

### Hormones of Thyroid and Parathyroid gland

Biosynthesis and biological action of thyroid hormones. Hypo and hyper thyroidism-cretinism, myxoedema, Grave's diseases and Goiter. Biosynthesis and biological action of parathyroid hormones (PTH). Disorders of parathyroid hormones-rickets and osteomalacia.

#### **Unit III**

### **Hormones of Pancreatic Gland**

7 Hours

Biosynthesis and biological actions of pancreatic hormones- Insulin and Glucagon.Disorders of pancreas – Diabetes mellitus.GI hormones (secretin, gastrin, somatostatin and CCK) and its role.

#### **Unit IV**

### **Hormones of Adrenal Gland**

10 Hours

Biosynthesis and biological role of adrenal medullary hormones—Catecholamine's(Epinephrine and Nor epinephrine). Biosynthesis and biological role of adrenal cortical hormones—Mineralocorticoids (aldosterone) and Glucocorticoids (cortisol). Disordersof adrenal medulla and cortex -Addison's disease, Cushing's syndrome, Conn's syndrome and Phaeochromocytoma.

## Unit V

Gonadal Hormones 8 Hours

Gonadal Hormones- Biosynthesis and biological role of male sex hormones - androgens (Testosterone), female sex hormone - oestrogens and progesterone. Menstrual Cycle – phases.

**DISTRIBUTION OF MARKS:** Theory – 100% and Problems - Nil

## TEACHING METHODOLOGY

- Lectures and demonstration by audio visual ads
- Classical chalk and board
- Learning through group discussions
- Tutorials
- Assignments
- Students seminars
- Interactive learning
- Self-study

### **TEXT BOOKS**

| S.No | Author Name       | Title of the  | Publisher                | Year |
|------|-------------------|---------------|--------------------------|------|
|      |                   | Book          |                          |      |
| 1.   | Prakash. S. Lohar | Endocrinology | MJP Publishers           | 2005 |
| 2.   | R.Radheshyam      | Textbook of   | Neha Publishers          | 2012 |
|      |                   | Endocrinology |                          |      |
| 3.   | Hadely, M. amnd   | Endocrinology | 6 <sup>th</sup> Edition, | 2006 |
|      | Levine .J.E       |               | Benjamin                 |      |
|      |                   |               | Cummings                 |      |
| 4.   | Smith, E. et al., | Principles of | 7 <sup>th</sup> Edition. | 1983 |
|      |                   | Biochemistry  | McGraw Hill              |      |
|      |                   |               | International            |      |
|      |                   |               | Book Co                  |      |

## **REFERENCE BOOKS**

| S.No | <b>Author Name</b>      | Title of the   | Publisher                       | Year |
|------|-------------------------|----------------|---------------------------------|------|
|      |                         | Book           |                                 |      |
| 1.   | Guyton, A.C. and Hall., | Text Book of   | 12 <sup>th</sup> Edition,       | 2010 |
|      | J.E.                    | Medical        | Saunders Publishers             |      |
|      |                         | Physiology     |                                 |      |
| 2.   | ShlomoMelmed            | William's      | 13 <sup>th</sup> Edn Elsevier   | 2015 |
|      | Kenneth Polonsky P.     | Endocrinology  | publishers                      |      |
|      | Reed Larson Henry       |                |                                 |      |
|      | Kronenberg,             |                |                                 |      |
| 3.   | Hadley, M.C. and        | Endocrinology  | 6 <sup>th</sup> ed., Pearson    | 2007 |
|      | Levine, J.E             |                | Education (New                  |      |
|      |                         |                | Delhi),                         |      |
| 4.   | Larson et al.,:         | Williams       | 10 <sup>th</sup> ed., Elseiver. | 2003 |
|      |                         | Textbook of    |                                 |      |
|      |                         | Endocrinology, |                                 |      |
| 5.   | R.Radheshyam            | Behavior       | Neha Publishers                 | 2013 |
|      |                         | endocrinology  |                                 |      |
| 6.   | Melmedet al.,           | Williams Text  | 13 <sup>th</sup> Edition, Saun  | 2015 |
|      |                         | Book of        |                                 |      |
|      |                         | Endocrinology  |                                 |      |

## **WEB SOURCES:**

- www.pathwaymedicine.org/hormone-biochemistry
- $\bullet \quad www2.central catholichs.com/APbiology site/Hormone/more\%20 hormone\%20 notes. PDF.$

# **SYLLABUS DESIGNER:**

- Dr.S. Asha, Assistant professor in Biochemistry.
- Dr.K. Shoba, Assistant professor in Biochemistry.