

## CLINICAL AND THERAPEUTIC NUTRITION –II

Sem	Subject Code	Category	Lecture		Theory	Practical		Credits
II		Core Practical IV	Hrs/sem	Hrs/Per week	-----	Hrs/sem	Hrs/Per week	4
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1. Diet for obesity and underweight
2. Diet in Cardio Vascular Diseases – Hypertension, Atherosclerosis and Congestive Heart Failure
3. Diet in Kidney Disorders – Nephritis, Nephrosis, Renal failure, dialysis and Urolithiasis
4. Diet in Alzheimer's disease, Stroke and Multiple Sclerosis
5. Diet in Arthritis and Osteoporosis
6. Diet in Cancer, AIDS, Alcoholism and Stress
7. Internship in a teaching hospital for four weeks (20 Marks) – Compulsory
  - a. Identifying patients requiring special diets in the various conditions
  - b. Experience in planning and calculating any six modified diets
  - c. Supervising food preparation, portioning and services in the dietary department
  - d. Case study selecting and observing one patient on a therapeutic diet in relation to patient's history, income, occupation habits and social factors – calculating the diet according medical prescription accompanying the doctor while visiting patient and counseling the patient.

### TEACHING METHODOLOGY

- Lecture
- Active learning methodology
- Practical
- Group discussions
- Seminar
- Field Visits
- Assignments

### SYLLABUS DESIGNER:

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