

DEVELOPMENTAL PSYCHOLOGY-I

Semester	Subject Code	Category	Lecture		Theory		Practical	Credits
			Hrs/ Week	Hrs/ Sem	Hrs/ Week	Hrs/ Sem		
I	21CPS1B	Core-II	05	75	04	60	15	04

COURSE OBJECTIVE

This course helps the students to gain knowledge about the developmental changes happen throughout life span in the body and mind of human being.

COURSE OUTCOMES

On successful completion of the course, students will be able to

CO Number	CO Statement	Knowledge Level (K1-K4)
CO1	Discover the developments of prenatal period and its hazards.	K1-Remember
CO2	Identify the characteristics, physical development, speech development, emotional and social development, personality development and the hazards of infancy and babyhood period	K2-Understand
CO3	Sketch out the characteristics, physical, physiological, social, moral development and hazards during early childhood	K3-Apply
CO4	Show the characteristics, emotional, social skill, personality development, happiness and hazards during late childhood	K3-Apply
CO5	Illustrate the physical, psychological changes and hazards during the puberty and adolescence, also knowing about the happiness in adolescence.	K3-Apply

MAPPING WITH PROGRAMME OUTCOMES

COS	PO1	PO2	PO3	PO4	PO5	PO6
CO1	S	S	M	M	M	M
CO2	S	S	S	S	M	M
CO3	S	S	S	S	S	S
CO4	S	S	S	S	S	S
CO5	S	S	S	S	S	S

S- Strong M-Medium L-Low

UNIT-I

15 Hours

PRE-NATAL PERIOD

Human development- Havighurst's development tasks during the Life Span- Characteristics of the Prenatal Period- Conception and importance of Conception- Periods of Prenatal Development- Attitude of Significant People-Hazards during the prenatal period.

UNIT-II

15 Hours

INFANCY AND BABYHOOD

Characteristics of infancy-Major adjustment of infancy- Characteristics of infant –Hazards of infancy- Characteristics of babyhood- Physical development- Physiological Functions-Muscle control- Speech development- Emotional behavior- Developments in socialization- Beginning of interest in play development of understanding- Beginning of modality- Sex role type- Family relationship- Personality development-Hazards in babyhood- Happiness in babyhood

UNIT- III

15 Hours

EARLY CHILDHOOD

Characteristics of early childhood- Developmental Tasks-Physical development- Physiological habits- Skills in early childhood- Improvement in speech- Emotions in early childhood- Socialization- Playing early childhood- Development of understanding-Moral development common interest- Sex role type- Family relations- Personality-Hazards in early childhood- Happiness in early childhood.

UNIT-IV

15 Hours

LATE CHILDHOOD

Characteristics of late child-Physical development- Skills in late childhood-Improvement in speech-Emotions and emotional expressions- Social grouping and social behavior-Play interest and activities-Increase in understanding- Moral attitudes and behavior- Interest in late childhood- Sex role type- Changes in family relationship-Personality change- Hazards in late childhood- Happiness in late childhood.

PUBERTY AND ADOLESCENCE

Characteristics of puberty- Age of puberty- The puberty growth spurt- Body changes- Effects of puberty changes- Effects of deviant maturity- Source concern- Hazards of puberty- Unhappiness at puberty-Characteristics of adolescence- Developmental tasks- Physical changes-Emotionality- Social changes-Adolescent interest-Changes in modality-Approved sex role- Family relationships during personality changes- Hazards of adolescence- Happiness in adolescence.

Practicum: Students have to carry out practical on any one developmental stages of life span based on the syllabus.

Distribution of Marks: Theory 100% and Problems 0%

TEXT BOOKS:

S.No	Authors	Title	Publishers	Year Of Publication
01	Hurtlock.E	Developmental Psychology	TataMcGraw Hill	1980
02.	Papilia,DianeE.,SallyWendos Olds	Human Development,9 th Edition	TataMcGraw Hill Publishing Co	2005

REFERENCE BOOKS:

S.No	Authors	Title	Publishers	Year Of Publication
02	Shaffer,David.R	Development Psychology 4 th Edition	Brooks/Cole Publishing company	1993
03	Smith,Barry D.	Psychology Science and Understanding	TataMcGraw Hill	1998

WEB SOURCES:

- <https://www.coursera.org/learn/developmental-psychology>
- <https://www.edx.org/course/introduction-to-developmental-psychology-1>
- <https://www.cliffsnotes.com/study-guides/psychology/development-psychology>
- <https://www.sparknotes.com/psychology/psych101/development/section2/>
- <https://www.slideshare.net/mspambenardo/babyhood>

- <https://www.cliffsnotes.com/study-guides/psychology/development-psychology/physical-cognitive-development-age-12/physical-development-age-1219>

TEACHING METHODOLOGIES:

- Discussion
- Seminar
- Visual aids
- Role play
- Field visits

SYLLABUS DESIGNER:

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