

## DEVELOPMENTAL PSYCHOLOGY-II

Semester	Subject Code	Category	Lecture		Theory		Practical	Credits
			Hrs/Week	Hrs/Sem	Hrs/Week	Hrs/Sem		
II	21CPS2B	Core-IV	05	75	04	60	15	04

### COURSE OBJECTIVE

This course helps the students to gain knowledge about the developmental changes throughout the life Span in the body and mind of human being.

### COURSE OUTCOMES

On successful completion of the course, students will be able to

CO Number	CO Statement	Knowledge Level (K1-K4)
CO1	List the characteristics of early adulthood and its personal, social, vocational, marital adjustments and hazards.	K1-Remember
CO2	Describe the characteristics of middle age and its personal, social adjustments and hazards.	K2-Understand
CO3	Classify the vocational and family adjustments during middle age and its hazards	K3-Apply
CO4	Show the characteristics of old age and the changes in their development, motor, mental abilities and its hazards.	K3-Apply
CO5	Sketch the family and vocational adjustments of old age, their living arrangements and its hazards.	K3-Apply

### Mapping with Programme Outcomes

COS	PO1	PO2	PO3	PO4	PO5	PO6
CO1	S	S	M	M	M	M
CO2	S	S	S	M	M	M
CO3	S	S	S	S	S	S
CO4	S	S	S	S	S	S
CO5	S	S	S	S	S	S

**S- Strong M-Medium L-Low**

**UNIT-I****15 Hours****EARLY ADULthood**

Characteristics of early adulthood- Developmental tasks- Changes in interest in adulthood- Social mobility- Sex role adjustment- Personal and social hazards of adulthood, intellectual development, vocational adjustment- Marital Adjustment-Adjustment to parenthood- Adjustment to singlehood- Hazards of vocational and marital adjustment

**UNIT-II****15 Hours****MIDDLE AGE: PERSONAL AND SOCIAL ADJUSTMENT**

Characteristics of middle age- Developmental Tasks-Adjustment to physical changes- Adjustment to mental changes- Social adjustment- Personal and social hazards- Changes to interest.

**UNIT-III****15 Hours****MIDDLE AGE: VOCATIONAL AND FAMILY ADJUSTMENT**

Vocational adjustment- Adjustment to changed family patterns- Marital hazards of middle age- Adjustments to singlehood-Adjustments to loss of a spouse- Adjustments to approaching old age- Vocational and marital hazards of middle age.

**UNIT-IV****15 Hours****OLD AGE: PERSONAL AND SOCIAL ADJUSTMENT**

Characteristics of old age- Developmental tasks- Adjustment to Physical changes- Change in motor abilities in old age- Changes in mental abilities in old age- Change in interest- Hazards to personal and social adjustment in old age.

**UNIT-V****15 Hours****OLD AGE: VOCATIONAL AND FAMILY ADJUSTMENT**

Vocational adjustment- Adjustment to retirement- Adjustment to change in family life in old age- Adjustment to singlehood-Vocational and family hazards of old age- Living arrangements for the elderly people.

**Practicum: Students have to carry out practical on any one developmental stages of life span based on the syllabus.**

**Distribution of Marks: Theory 100% and Problems 0%**

**TEXT BOOKS:**

S.No	Authors	Title	Publishers	Year Of Publication
01	Hurtlock.E	Developmental Psychology	TataMcGraw Hill	1980
02.	Papilia,DianeE.,SallyWendos Olds	Human Development,9 <sup>th</sup> Edition	TataMcGraw Hill Publishing Co	2005

**REFERENCE BOOKS:**

S.No	Authors	Title	Publishers	Year Of Publication
02	Shaffer,David.R	Development Psychology 4 <sup>th</sup> Edition	Brooks/Cole Publishing company	1993
03	Smith,Barry D.	Psychology Science and Understanding	TataMcGraw Hill	1998

**WEB SOURCES:**

- <https://www.coursera.org/learn/developmental-psychology>
- <https://www.edx.org/course/introduction-to-developmental-psychology-1>
- <https://www.cliffsnotes.com/study-guides/psychology/psychology/developmental-psychology-age-13-to-65/development-in-early--middle-adulthood>
- <https://www.cliffsnotes.com/study-guides/psychology/psychology/developmental-psychology-age-13-to-65/development-in-late-adulthood>

**TEACHING METHODOLOGIES:**

- Discussion and Seminar
- Visual aids
- Role play
- Field visits

**SYLLABUS DESIGNER:**

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