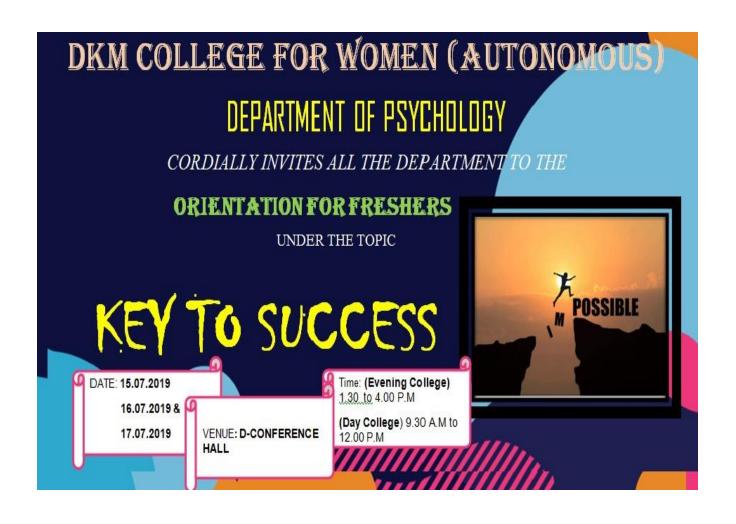
# DKM COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1 DEPARTMENT OF PSYCHOLOGY

ORIENTATION PROGRAM FOR FRESHERS 15,16 &17.07.2019



#### **DAY 1:ORIENTATION PROGRAM FOR FRESHERS 2019-2020**

Date	15.07.2019
Session	Afternoon
Venue	D-Conference Hall, DKMC, Vellore
Title	Self Esteem,
	Goal setting and
	Interpersonal Relationship
	Action dances
Presenters	Mrs.Safina Selva.R.,HOD of Psychology.
	Ms. Aarthi. D., Assistant Professor of Psychology
	Ms.Monika.E., Assistant Professor of Psychology
	Ms.Sheeba.G Assistant Professor of Psychology
<b>Participants</b>	B.Sc(C.S),BCA,B.Sc(Microbiology),B.Com,B.Com(CA),
	B.Sc BioChemistry
Total No: of	300
participants	

## Write Up:

The orientation programme was started with a small prayer by 2.00 P.M. The student secretary of the Department Ms.Elakiya.V has given welcome address and introduced the faculties. Ms. Sheeba.G, has started the session with Self-esteem presentation, followed by Ms.E.Monika, has did an action dance where the students enthusiastically participated. Later Ms. Aarthi.D has presented goal setting presentation, followed by one more action dance was arranged for refreshing the participants and then the Head of the Department Mrs.R. Safina Selva has presented interpersonal relationships. Finally the session has ended with a motivational song and the head has given announcement about the existence of student support centre. The session winded up after collecting feedbacks from the participants by 5.00 P.M.

## Glimpse of 15.07.2019 Day 1- Orientation Program



## **DAY 2: ORIENTATION PROGRAM FOR FRESHERS 2019-2020**

Date	16.07.2019
Session	Forenoon
Venue	D-Conference Hall, DKMC, Vellore
Title	• Self Esteem,
	<ul> <li>Goal setting and</li> </ul>
	<ul> <li>Interpersonal Relationship</li> </ul>
	Action dances
Presenters	Mrs.Safina Selva.R.,HOD of Psychology.
	Ms.Aarthi.D., Assistant Professor of Psychology
	Ms.Monika.E., Assistant Professor of Psychology
	Ms.Sheeba.G Assistant Professor of Psychology
<b>Participants</b>	B.A(History),B.Com,B.Sc Chemistry,B.Sc Zoology,B.Sc
	Mathematics
Total No: of	250
participants	

## Write Up:

The orientation programme was started with a small prayer by 9.30 A.M. *Ms.Sheeba.G*, has started the session with *Self esteem* presentation, followed by *Ms.E.Monika*, has did an *action dance* where the students enthusiastically participated. Later *Ms.Aarthi.D* has presented *goal setting* presentation, followed by one more action dance was arranged for refreshing the participants and then the Head of the Department *Mrs.R.Safina Selva* has presented *interpersonal relationship*. Finally the session has ended with a motivational song and the head has given announcement about the existence of student support centre. The session winded up after collecting feedbacks from the participants by 12.30 P.M.



Glimpse of 16.07.2019 Day 2- Orientation Program

**DAY 3: ORIENTATION PROGRAM FOR FRESHERS 2019-2020** 

Date	17.07.2019
Session	Afternoon
Venue	D-Conference Hall, DKMC, Vellore
Title	Self Esteem,
	<ul> <li>Goal setting and</li> </ul>
	<ul> <li>Interpersonal Relationship</li> </ul>
	<ul> <li>Action dances</li> </ul>
Presenters	❖ Mrs.Safina Selva.R.,HOD of Psychology.
	Ms.Aarthi.D., Assistant Professor of Psychology
	Ms.Monika.E., Assistant Professor of Psychology
	Ms.Sheeba.G Assistant Professor of Psychology
<b>Participants</b>	B.A(English),B.A(Tamil),B.Sc Psychology,B.Sc
	BioTechnology, B.Sc Nutition, B.B.A., B.Sc(ISM)
Total No: of	350
participants	

## Write Up:

The orientation programme was started with a small prayer by 2.00 P.M. *Ms.Sheeba.G*, has started the session with *Self esteem* presentation, followed by *Ms.E.Monika*, has did an *action dance* where the students enthusiastically participated. Later *Ms.Aarthi.D* has presented *goal setting* presentation, followed by one more action dance was arranged for refreshing the participants and then the Head of the Department *Mrs.R.Safina Selva* has presented *interpersonal relationships*. Finally the session has ended with a motivational song and the head has given announcement about the existence of student support centre. The session winded up after collecting feedbacks from the participants by 4.30 P.M.



Glimpse of 17.07.2019 Day 3- Orientation Program