

DKM COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1

DEPARTMENT OF PSYCHOLOGY

ORIENTATION PROGRAM FOR FRESHERS 15,16 &17.07.2019

DKM COLLEGE FOR WOMEN (AUTONOMOUS)

DEPARTMENT OF PSYCHOLOGY

CORDIALLY INVITES ALL THE DEPARTMENT TO THE

ORIENTATION FOR FRESHERS

UNDER THE TOPIC

KEY TO SUCCESS

DATE: 15.07.2019

16.07.2019 &

17.07.2019

VENUE: D-CONFERENCE
HALL

Time: (Evening College)
1.30 to 4.00 P.M

(Day College) 9.30 A.M to
12.00 P.M



DAY 1:ORIENTATION PROGRAM FOR FRESHERS 2019-2020

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|----------------------------------|--|
| Date | 15.07.2019 |
| Session | Afternoon |
| Venue | D-Conference Hall, DKMC, Vellore |
| Title | <ul style="list-style-type: none">• Self Esteem,• Goal setting and• Interpersonal Relationship• Action dances |
| Presenters | <ul style="list-style-type: none">❖ Mrs.<i>Safina Selva.R.</i>,HOD of Psychology.❖ Ms.<i>Aarthi.D.</i>, Assistant Professor of Psychology❖ Ms.<i>Monika.E.</i>, Assistant Professor of Psychology❖ Ms.<i>Sheeba.G</i> Assistant Professor of Psychology |
| Participants | B.Sc(C.S),BCA,B.Sc(Microbiology),B.Com,B.Com(CA), B.Sc BioChemistry |
| Total No: of participants | 300 |

Write Up:

The orientation programme was started with a small prayer by 2.00 P.M. The student secretary of the Department Ms.Elakiya.V has given welcome address and introduced the faculties.*Ms.Sheeba.G*, has started the session with *Self-esteem* presentation, followed by *Ms.E.Monika*, has did an *action dance* where the students enthusiastically participated. Later *Ms.Aarthi.D* has presented *goal setting* presentation, followed by one more action dance was arranged for refreshing the participants and then the Head of the Department *Mrs.R.Safina Selva* has presented *interpersonal relationships*. Finally the session has ended with a motivational song and the head has given announcement about the existence of student support centre. The session winded up after collecting feedbacks from the participants by 5.00 P.M.

Glimpse of 15.07.2019 Day 1- Orientation Program



DAY 2: ORIENTATION PROGRAM FOR FRESHERS 2019-2020

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| Date | 16.07.2019 |
| Session | Forenoon |
| Venue | D-Conference Hall, DKMC, Vellore |
| Title | <ul style="list-style-type: none">• Self Esteem,• Goal setting and• Interpersonal Relationship• Action dances |
| Presenters | <ul style="list-style-type: none">❖ Mrs.Safina Selva.R.,HOD of Psychology.❖ Ms.Aarthi.D., Assistant Professor of Psychology❖ Ms.Monika.E., Assistant Professor of Psychology❖ Ms.Sheeba.G Assistant Professor of Psychology |
| Participants | B.A(History),B.Com,B.Sc Chemistry,B.Sc Zoology,B.Sc Mathematics |
| Total No: of participants | 250 |

Write Up:

The orientation programme was started with a small prayer by 9.30 A.M. *Ms.Sheeba.G*, has started the session with *Self esteem* presentation, followed by *Ms.E.Monika*, has did an *action dance* where the students enthusiastically participated. Later *Ms.Aarthi.D* has presented *goal setting* presentation, followed by one more action dance was arranged for refreshing the participants and then the Head of the Department *Mrs.R.Safina Selva* has presented *interpersonal relationship*. Finally the session has ended with a motivational song and the head has given announcement about the existence of student support centre. The session winded up after collecting feedbacks from the participants by 12.30 P.M.



Glimpse of 16.07.2019 Day 2- Orientation Program

DAY 3 :ORIENTATION PROGRAM FOR FRESHERS 2019-2020

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| Date | 17.07.2019 |
| Session | Afternoon |
| Venue | D-Conference Hall, DKMC,Vellore |
| Title | <ul style="list-style-type: none">• Self Esteem,• Goal setting and• Interpersonal Relationship• Action dances |
| Presenters | <ul style="list-style-type: none">❖ Mrs.Safina Selva.R.,HOD of Psychology.❖ Ms.Aarthi.D., Assistant Professor of Psychology❖ Ms.Monika.E., Assistant Professor of Psychology❖ Ms.Sheeba.G Assistant Professor of Psychology |
| Participants | B.A(English),B.A(Tamil),B.Sc Psychology,B.Sc BioTechnology,B.Sc Nutrition,B.B.A.,B.Sc(ISM) |
| Total No: of participants | 350 |

Write Up:

The orientation programme was started with a small prayer by 2.00 P.M. *Ms.Sheeba.G*, has started the session with *Self esteem* presentation, followed by *Ms.E.Monika*, has did an *action dance* where the students enthusiastically participated. Later *Ms.Aarthi.D* has presented *goal setting* presentation, followed by one more action dance was arranged for refreshing the participants and then the Head of the Department *Mrs.R.Safina Selva* has presented *interpersonal relationships*. Finally the session has ended with a motivational song and the head has given announcement about the existence of student support centre. The session winded up after collecting feedbacks from the participants by 4.30 P.M.



Glimpse of 17.07.2019 Day 3- Orientation Program