DKM College for Women (Autonomous), Vellore-1

Department of Psychology

MENTAL HEALTH DAY & SEMINAR (2019-2020)

Seminar,Flash mob and MIME

DKM COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF PSYCHOLOGY
CIRCULAR

Date: 09.10.2019

On the event of World Mental Health Day, we have planned to do

FLASH MOB & MIME

to represent the international theme for this year *"World Suicide Prevention"* in the open ground during the break between *03.45 P.M to 04.05 P.M.*

All are cordially invited

Head and Assistant Professor
Department of Psychology

Principal

Event	World Mental Health Day
Date	10.10.2019
Session	Forenoon
Venue	D-Conference Hall and Open ground.
Title	Me and my values(Seminar) and Suicide prevention(Flash mob and MIME)
Presenters	Ms.Monika.E., Assistant Professor of Psychology
Participants	I B.A History,I B.Sc Zoology and I B.Com
Total No: of participants	200

Write Up:

On account of the event World Mental Health Day, the Department has organized seminar on the topic *"Me and my values"* which was presented by *Ms.Monika.E, Assistant Professor of Psychology* between 10.00 A.M to 11.00 A.M on 10.10.19. Later at 11.15 A.M during the break, the students of department of Psychology has performed a *flash mob and MIME* in the open ground to represent the event's theme of the year *"Suicide Prevention"*. Also to take the pledge, a banner was prepared by the department with the *caption "Say No to Suicide and Yes to Life"*. The students were insisted to take oath by keeping their thumbprint over the banner with various colors. As a token of honor, Dr.Devi mam, Head of Zoology department has initiated the pledge by marking her thumbprint. Later, manually prepared badge with the wording "Mental Health Awareness" was given to all the teaching and non teaching staffs to create awareness about the day.

Ms,Monika.E lecturing about Me and My values

Dr.Devi .M initiated the oath to "Say No to suicide banner"

Event	World Mental Health Day
Date	10.10.2019
Session	Afternoon
Venue	Open ground
Title	Suicide prevention
Presenters	Students of Psychology as Flash mob and MIME

Write Up:

On account of the event World Mental Health Day, the department has organized a *flash mob and MIME* in the open ground during the break between 3.45 P.M to 4.05 P.M to represent the event's theme of the year *"Suicide Prevention"*. Also to take the pledge, a banner was prepared by the department with the *caption "Say No to Suicide and Yes to Life"*. The students were insisted to take oath by keeping their thumbprint over the banner with various colors. As a token of honor, Dr.Devi mam, Head of Zoology department has initiated the pledge by marking her thumbprint. Later, manually prepared badge with the wording "Mental Health Awareness" was given to all the teaching and non teaching staffs to create awareness about the day.

Psychology Students emphasized on motivation through a dance theme

Psychology students MIME SHOW FOR SAY NO TO SUICIDE