D.K.M COLLEGE FOR WOMEN(AUTONOMOUS), VELLORE-1



DEPARTMENT OF PSYCHOLOGY



NATIONAL DEPRESSEION SCREENING DAY 2023



05.10.2023 TO 10.10.2023

D.K.M COLLEGE FOR WOMEN[AUTONOMOUS], VELLORE-1 DEPARTMENT OF PSYCHOLOGY NATIONAL DEPRESSION SCREENING DAY 2023



Program Objective:

A Google form has been created as a self-screening strategy for every attendee to know about their mental health status.

Date	:	05.10.2023 till 10.10.2023
Circulation of self-	:	Google forms
screening form		
No: of attendees	:	75 members

Report:

Like screenings for other illnesses, depression screenings should be a routine part of healthcare. Screenings are not a professional diagnosis. Screenings only point out the presence or absence of depressive symptoms and provide a referral for further evaluation if needed.

With these indications, we have prepared a google forms with **standard PHQ-9** (**Patient Health Questionnaire-9**) **depression created by Dr. Kurt Kroenke as a self-administered diagnostic tool to screen their depression status**. Scoring was not given for the questionnaire, instead we have just made the attendees to be self-aware of their everyday events and take corrective measures. Nearly 75 attendees have taken up the self-administered google forms on depression screening between 5.10.2023 till 10.10.2023 in the following google form link.

https://forms.gle/GF4ARXcqM2vZKhaJ6

