



**D.K.M. COLLEGE FOR WOMEN(AUTONOMOUS), VELLORE**

(Accredited by NAAC with 'A' Grade)

**WOMEN DEVELOPMENT CELL**

**MHRD – INSTITUTIONS INNOVATION COUNCIL**

*In association with* **HEARTFULNESS YOGA**



Cordially invites you to the

**INTERNATIONAL WOMEN'S DAY CELEBRATIONS**

**On 8<sup>th</sup> March, 2024, 11.30 am @ D- Block Conference Hall**

**CHIEF GUESTS**

**Dr. K.Venkataramanan, MD., DM.,**  
Consultant Nephrologist and Renal  
Transplant Physician,  
KVR Kidney & Diabetic Centre, Vellore.  
*Topic : Cancer Awareness Facts  
& Most Common Types in Women*

**Dr. Ramya Rajan, MD(Paed), DM(Endo)**  
Associate Professor,  
Department of Endocrinology, Diabetes &  
Metabolism,  
Christian Medical College, Vellore.  
*Topic : Women's Physical and Psychological  
Well-being*

**Chief Patrons**

Er.D.Maninathan , Secretary  
Dr.T.Sivakumar, President

**Patron**

Dr.R.Banumathy,  
Principal

**Convenors**

Dr.S.Santhalakshmi, IIC President  
Dr.S.Sasikala, WDC Co-ordinator

**Organizing Committee**

Dr. M.Devi, WDC Member  
Dr. V.S. Palaniammal, WDC Member

*All are Cordially Invited ...*

Power up the

Flashlight

: **Dr. R.Banumathi, M.A., M.Phil., PhD.,**  
Principal,  
D.K.M. Womens College, Vellore.

Welcome Address

: **Dr. S.Sasikala**  
WDC Co-ordinator

Felicitation

: **Thiru. N.Lakshmi Narayanan**  
Heartfulness Institute  
Vellore Zone Co-ordinator



*Programme*



**“யாதுமாகி நிற்பவள் பெண்”**

**P. Divya, M.Sc., M.Phil.,**

**Yoga, Pranayamam, Mudra**

**M. Jayalakshmi, M.Sc., B.Ed., M.Phil.,**  
Yoga Trainer, Heartfulness Trainer

**Brighter**  
**Minds**  
Enriching  
Young Minds

குழந்தைகளின்  
நேரடி அறிமுக  
நிகழ்ச்சி

**ஹார்ட்ஃபுல்னெஸ்**

**ஒய்வுநிலை மற்றும் தியானப் பயிற்சி**

**Thiru. G.Yuvaraj**

Heartfulness Institute Vellore District Co-ordinator

Votes of Thanks : **heartfulness** Vellore Team  
Advancing in love