

**D.K.M. COLLEGE FOR WOMEN, (AUTONOMOUS) VELLORE- 632 091**

**Department of Botany**

**Circular**

On behalf of Botany Association we cordially invite the staff members and students to the Awareness Programme in the college premises.

**Chief Guest :- Prof. J. Altrin Jaya Prasath,  
Assistant Professor,  
Department of Botany,  
Voorhee's College,  
Vellore**


**Date :- 26-03-2022**

**Time :- 10.00 a.m.**

**Topic :- Amazing Benefits of Simple Herbs**

**Venue :- Kaveri Hall**

**All are cordially invited**

  
**Head of the Department**

  
**Principal**

**D.K.M COLLEGE FOR WOMEN (AUTONOMOUS), VELLORE-1**

**DEPARTMENT OF BOTANY**

**Awareness Programme 2021-2022**

Department of Botany was organized Awareness Programme on 26.03.2022 in Kaveri Hall from 10.00 a.m to 12.00 p.m.

The programme was started with the prayer song. The gathering was welcomed by Tmt. L.Umamaheswari, Assistant Professor and Head, Department of Botany. Chief guest was Prof.J. Altrin Jaya Prasath, Assistant Professor, Department of Botany, Voorhee's college, Vellore.

The resource person gave a talk on "Amazing benefits of Simple herbs".

'Herb' refers to any part of the plant like fruit, seed, stem, bark, flower, leaf etc., He also said that recently, WHO estimated that 80% of the people worldwide rely on herbal medicines for their primary health care and the treatment with herbs are considered to be safe and with little side effects. He also gave some tips for home remedies by using Aloe, Ginger, Turmeric, Tulsi, Neem etc., .

Finally the programme was ended with vote of thanks and National anthem.

## Chief Guest Addressed the Gathering

