DKM COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE DEPARTMENT OF MANAGEMENT STUDIES REPORT ON SPECIAL GUEST LECTURE HEALTH MANAGEMENT : CANCER AWARENESS PROGRAM 11.04.2022, 2 to 3 PM

INVITATION



REPORT

Department of Management Studies has conducted a Special Guest Lecture by **Dr.Anand Shanmughanar**, **MBBS**, **DMRT at Government Thriuvannamalai Medical College**, **Thiruvannamalai**, on the topic "Health Management : Cancer Awareness Program" on 11.04.2022 (Monday) at D Block conference hall. The program was fully organized and coordinated by Dr.V.S.Palaniammal, Head of the Department.

The program started with a silent prayer and hosted by Ms.P.Shobana Gayathri. Welcome address was given by Mrs.R.Maheshwari followed by Chief guest introduction given by Mrs.A.Rama.

The session was wonderful and informative as the resource person gave a detailed information about cancer prevention and precautionary measures to be taken during the treatment.

He also explained various stages of cancer and the ways to self analyse the outburst of the breast cancer.

The resource person also discussed about how the change in our food habits, way of life, lot of stress, obesity, intake of tobacco and alcohol might lead to cancer.

He also explained about cervical cancer and the availability of vaccination to prevent cervical cancer in the female child from the age of 12 years. This vaccine is available at Christian Medical College, Vellore.

The resource person also insisted on a master health check up by the women folk above the age of 40 years so that to avoid eruption of cancer.

He also insisted on taking healthy diet, physical exercise, stress relaxation techniques to overcome cancer.

The session was really informative and around 175 students benefitted from this guest lecture. Vote of Thanks was proposed by Mrs.A.Kalai Selvi.





