

**D.K.M COLLEGE FOR WOMEN (AUTONOMOUS)
VELLORE - 632 001.**



PG & RESEARCH DEPARTMENT OF BIOCHEMISTRY

‘Take Care of Your Body It’s the Only Place You Have to Live’

- Jim Rohn

"Vital Health Check Up" - 2024

Date : 19.02.2024

Venue : UG Biochemistry Lab

Time : 12.00 pm to 5.00pm

All are cordially invited

REGARDS

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Report on” VITAL HEALTH CHECK UP – 2024”

The field of laboratory medicine known as "Biochemistry" applies chemical and biochemical techniques to the study of disease. Although in theory this includes all non-morphological investigations, in actuality it is typically limited to blood and urine studies due to their relative ease of use.

Timely preventative health check-ups are necessary to protect this precious asset. Due to increased risk factors, Indians are dying younger from non-communicable diseases including HT, DM and cardio vascular disorders. A thorough physical examination can reduce risk factors and prevent disease.

In keeping with the idea, the D.K.M. College for Women (Autonomous)-Vellore, PG & Research Department of Biochemistry has scheduled a vital health check-up for February 19th, 2024, from 12:00 pm to 5:00 pm. We have a good chance of accomplishing this objective with our all-inclusive healthcare programmes. To meet the diverse needs of our institution's frontline staff, exnora staff, and college office staff, D.K.M. College for Women provides free thorough healthcare checkups. A variety of contemporary diagnostic tools allow for a prompt, accurate inquiry and report. Staff members at Exnora and non-teaching staff members received free health checkups.

- Following Parameters were done

S.No	Biochemical Parameters
1	Blood Pressure
2	Pulse

3	Height
4	Weight
5	BMI
6	Blood Grouping
7	Random Blood Glucose Level
8	Haemoglobin

1. After completing the process, people insist to meet the Doctor again for further medical support.
2. UG and PG students of our department have actively participated in this programme.
3. In total, 206 members benefited from this program.

